

- CLEANSE** **\$11.20**
 Calendula flowers, ginger root, red cloves, dandelion root, nettle, elderflower, hibiscus flower, spearmint
- Promotes detoxification & stimulates circulation, increasing elimination of accumulated toxins
 - A gentle cleansing tonic, improving the function of all eliminative systems, liver, blood, lymphatic and urinary

- SWEET DREAMS** **\$11.20**
 Passionflower, chamomile, spearmint, hops, lemongrass, rose petals
- Herbal sedative with a mint flavour
 - Indicated for insomnia, restless and unrefreshing sleep

- STRESS-LESS** **\$11.20**
 Vervain, lime blossom, skullcap, St Johns wort, oats straw, chamomile, lavender, rose petals
- Nervous system tonic that assists stress management
 - Perfect for daytime use that doesn't make you drowsy
 - Indicated for symptoms of stress, nervous tension, tension headaches, anxiety, irritable bowel, depression

- WEIGHT CONTROL BLEND** **\$11.20**
 Hawthorn berries, dandelion root, fennel, nettle, alfalfa
- Increases the rate the body burns fat
 - Reduces the storage of fat in the tissues
 - Suppresses the appetite

- GINGER COOL (AYURVEDIC)** **\$10.20**
 Ginger root, lemongrass, liquorice root, lemon peel, peppermint leaves, black pepper
- *Ideal hot or iced. Refreshing and animates the spirits.

- PEPPERMINT (CUT LEAVES)** **\$6.50**
 A calming herb and very useful in treating tension headaches. Also digestive aid and used to help fevers, colds and flu. Also travel and morning sickness.

- CHAMOMILE** **\$7.40**
 Helps relieve stress and aids digestion, good for sleep. Contains calcium, iron, magnesium, manganese, potassium and vitamin A.

- ROOIBOS SUPERGRADE ORGANIC (SOUTH AFRICA)** **\$8.80**
 The original rooibos. South Africa Red Lentil tea. Caffeine free. Really healthy.

MAIL ORDER INFORMATION

Orders more than \$100 will be postage free within Australia. It normally takes 2-5 working days via Australia Post depending on where you are. For orders under \$100 there will be a postage charge of \$7.00.

ESSENTIAL DETAILS FOR ALL CUSTOMERS -

NAME, ADDRESS, STATE, POST CODE, PHONE NUMBER, YOUR ORDERS AND PAYMENT METHOD

BANKCARD, VISA & MASTERCARD

CARD TYPE & NO, CARDHOLDERS NAME & EXPIRY DATE

MONEY ORDERS & CHEQUE

NB: WE DO NOT POST UNTIL FUNDS (CHEQUE) ARE CLEARED



13-17 Bridge Street ROSS TAS 7209

Telephone: (03) 6381 5453

Facsimile: (03) 6381 5450

Email: tspot@bigpond.com

“MAIL DELIVERY AVAILABLE”

Tea Catalogue

More than just a drink, tea is a sign of good taste, a mark of conviviality, a gesture of friendship, a comfort for the bereaved, an excuse to unite a spiritual quest as well as a calming, healthy experience” Jane Camspie

CLASSIC TEAS

per 100g

- | | |
|--|---------------|
| ENGLISH BREAKFAST SUPERIOR | \$7.00 |
| A traditional blend of the finest Assam & Ceylon teas producing a fully aromatic blend with a lot of golden tips | |
| IRISH BREAKFAST HARROGATES | \$9.20 |
| A blend of Assam and Darjeeling from a famous Irish recipe | |
| TEA FOR SUNDAY (East Frisian) | \$9.20 |
| A traditional rich-spicy East Frisian leaf blend with vanilla pieces | |
| RUSSIAN CARAVAN BLEND | \$7.00 |
| A delightfully smoky character with a lot of golden-brown tips | |
| T SPOT BREAKFAST BLEND | \$8.00 |
| The finest Assam/China teas with a hint of bergamot citrus aroma | |
| EARL GREY HARROGATES | \$8.00 |
| High quality black tea with bergamot oil | |
| LADY GREY SPECIAL | \$9.50 |
| Black tea, bergamot, lemon peel, Swiss blue cornflowers | |
| EARL GREY BLUE FLOWER | \$8.20 |
| Black tea, bergamot, Swiss blue cornflowers | |
| YORKSHIRE GOLD HARROGATES | \$8.50 |
| Luxury blended for 3 generations in Yorkshire | |
| SCOTTISH BREAKFAST HARROGATES | \$8.50 |
| A strong breakfast blend from UK | |

TAIWAN TEAS *per 100g*
FORMOSA GREEN TEA FOUR SEASONS \$13.20
 Tightly rolled green tea with beautiful aroma. Evokes spring time no matter what the season!

CHINA TEAS *per 100g*
PAI MU TAN (White Tea) \$13.75
 A full-bodied, very expressive infusion, slightly fermented taste
JASMINE WITH FLOWER (Green Tea) \$7.50
 Chinese green tea with jasmine flowers
TARRY LAPSANG SOUCHONG (Special Tea) \$8.00
 The classic smoky tea of China—well known around the world
BUDHAS TEARS (Green/White Tea) \$35.00
 Hand-rolled tea with strong jasmine aroma. A very unique beverage
GUNPOWDER GRADE 1 (ORGANIC) (Green) \$7.00
 Top quality rolled green leaves with distinctive character

JAPANESE GREEN TEAS *per 100g*
SENCHA \$10.20
 A long flat leaf with a sparkling character - a light cup rich in Vit C
GENMAICHA \$12.90
 Sencha leaves blended with roasted rice and popcorn

FLAVOURED GREEN TEAS *per 100g*
EMERALD SUNSET \$11.20
 Green tea, peach pieces, strawberry pieces, pineapple pieces
JAPANESE LIME \$11.20
 Green tea, lime and lemon peel, daisies

CEYLON TEAS (SRI LANKA) *per 100g*
CEYLON STOREFIELD OP (ORGANIC) \$12.40
 A high grown whole leaf tea with fresh-dry taste, you will love it!

TEAS OF INDIA *per 100g*
DARJEELING MARGARETS HOPE FTGFOP1 \$14.90
 A fresh flavour, slightly nutty flavour, a specialty for experts
ASSAM THOWRA GFOP \$10.20
 Light tips, fine leaf, a softly rounded powerful infusion

OP = Orange Pekoe

Long, pointed leaves plucked as the buds open into leaf

FTGFOP1 = Finest Tippy Golden Flowery Orange Pekoe

Exceptionally high-quality tea with plenty of golden tips

GFOP = Golden Flowery Orange Pekoe

High quality tea made from the end bud of a new leaf with lots of Golden tips (these are the light-coloured ends of the buds and leaves That do not darken during manufacturing.

FLAVOURED BLACK TEAS *per 100g*
VANILLA SUPERIOR \$9.50
 Black tea and vanilla pieces
MONKS PEAR \$11.00
 Classic blend of black tea light bergamot and jasmine blossoms

BLENDS WITH A DIFFERENCE *per 100g*
CHAI (MASALA) BLACK TEA \$10.70
 Black Tea, cinnamon, cardamom. Ginger, rose flowers
CHAI (MASALA) GREEN TEA \$10.00
 Green tea, cinnamon, cardamom, ginger, rose flowers
VANILLA CHAI BLACK TEA \$9.80
 Black tea, cinnamon, cardamom, ginger, rose flowers, vanilla pieces
CREAM TEA (Black Tea) \$9.50
 Vanilla pieces, caramel pieces
ORIENTAL BEAUTY (Black and Green Tea) \$9.80
 Jasmine flowers, rose petals, sunflower blossoms, mauve flowers
STOCKHOLM BLEND \$10.00
 Black tea, orange peel, calendula blossoms, rose petals, vanilla pieces, apricot and safflowers
TURKISH APPLE TEA POWDER \$8.20
 Traditional Turkish drink. Can be drunk all day hot or iced
SPICED CHAI (Powder) Served as Latte \$6.00
VANILLA CHAI (Powder) Served as Latte \$6.00

AUSTRALIAN TEAS *per 100g*
AUSTRALIAN DAINTREE \$4.30
 Medium strength North Queensland tea of fine quality
NORTH QUEENSLAND RAINFOREST HERBAL \$14.80
 Lemon myrtle, lemon tea tree leaves, spice of aniseed myrtle
LEMON MYRTLE HERBAL ORGANIC \$7.70
 A health beverage grown in North Queensland

FRUIT INFUSIONS *per 100g*
 A refreshing combination of all different fruits and more topped off with natural flavour. High Vitamin C, sugar & caffeine-free, they taste great hot or iced
FRUIT MEDLEY \$9.60
 Apple pieces, hibiscus, rosehip, grapes, lemon peel, pineapple pieces, papaya pieces, rose petals, strawberry & raspberry pieces
STRAWBERRY CREAM \$8.80
 Strawberry pieces, apple pieces, hibiscus, rosehip, strawberry leaves

P.T.O FOR OTHER HERBAL BLENDS *per 100g*
ALWAYS CHECK WITH YOUR DOCTOR BEFORE TAKING HERBS MEDICINALLY. Some herbs are contraindicated with certain conditions and medications e.g.: St Johns wort and anti depressants. Red clover for women on estrogen based birth control. Liquorice for high blood pressure. Dandelion, fennel and nettle for pregnant and lactating women.